

**This is My ISAGENIX Weight Loss Story . . .**  
**Amazing Total Loss of 131 Pounds and 138 Inches !**



I'm so excited to share my Isagenix story. This product changed my life. Here is my story . . .

I have tried every diet program you could think of - so when Angela talked to me about Isagenix, I was like "ok, uh-huh, sure". I mean she was already in good shape. She didn't need to lose weight. How could this help someone like me who needed to lose 100+ lbs? Well in my strong desire to lose weight and be healthy, I decided to try it. I bought the 9-Day Cleanse kit from her that day. I then went to my Dr. and asked what she thought of the program. She liked it and encouraged me to start when my body was healthy again - I had been sick on and off for years - fighting and surviving ovarian and breast cancers. After 9 surgeries and gaining at least 10 lbs with each surgery, I carried those extra 100+ lbs for about 12 years. **I am 4' 11" - and at 249 lbs. I had some serious health problems.** I was always sick and it seemed my immune system would never be good again. So after a spell with pneumonia, my doctor said it was ok to start. I started Jan. 17, 2006. I did the first 9-Day Cleanse with my friend, Donna Melton, with much support from Dr. Kari Shandley, who has become a wonderful friend. **The results were overwhelming - a loss of 11.5 lbs. and 20"!** **My energy level increased so much - and I've been sleeping well ever since.** I had been on medications for years to help my immune system after all the chemo and thought I would have to take them for the rest of my life. My doctor took me off all these medications and she does not think I will need them again. I'm so excited to feel so healthy !

May 23, 2006 - Four months from my first Isagenix Cleanse . . . I had lost 96 lbs and 104 inches. I felt like I had a whole new life - and still not taking any medications. In fact, I am the healthiest I have been in my entire life. I joined a gym and work out with a Personal Trainer - now that I have so much energy and desire to be healthy.

Sept. 2007 - I reached farther than my original goal. **I have now lost a total of 131 lbs. and a total of 138 inches and I have gone from a size 22 to a size 4 !** It is still a surprise to me every morning when I look in the mirror. I have fun watching my body change. I get so excited to buy clothes. I can fit both legs in one leg of my "fat jeans".

**I have confidence I thought I would never find.** I treasure, cherish and appreciate every minute of every day now. I've been to Las Vegas and wore a bikini for the first time in 20 years. I went to S. CA - and wore a bikini and hiked and, of course, shopped for new clothes. I'm still working out with my Trainer and I'm now even Kick Boxing, Serious Mountain Biking, and - of all things to fill time - Belly Dancing . . . I have a new life - and so can you !

Catherine (CAT) Decker ~ Washington State