

This is My ISAGENIX Weight Loss Story



In January 2005, at the time of my annual medical exam, I weighed 196 pounds. My doctor suggested Isagenix as he had started using it himself. I met with Gisele Quenneville (#61 in the Hall of Fame) who became my Coach and friend. She explained the different Isagenix Cleanse programs to me. Since I was 72 and had a lot of weight to lose, I decided on the 30-Day Program.

Having had some problems with a Cleanse program from another company, I decided to take 3 or 4 weeks before doing a complete day of cleansing. I took 1 ounce of Ionix Supreme every day and drank about four liters of water each day and called Gisele for support – good support is very important in any program.

On the fourth week, I was ready to follow the program as recommended – including 2 Isagenix Meal Replacement Shakes every day and 1 one regular meal - which shrank in size. I also did one day of Isagenix Cleanse about every 2 weeks. Of course, I lost the pounds and inches slower than most people – however, as I never felt in competition with anyone - I was very satisfied with my results !

After 5 months - **I lost 45 pounds and 45 inches and went from a size 18 to a 12.** WOW ! I am very happy with this and feel fabulous. I'm told I look about 10 years younger. So I continued the programs, alternately doing the 9-Day Cleanse, the 30-Day Cleanse – and then the Maintenance Program.

A couple of months later . . . what a surprise ! I lost an additional 14 inches while maintaining the same weight - muscle weighing more than fat. The fat is melting away from my body and being replaced by lean muscle – and beautifully changing the contours of my body. So I am continuing with Isagenix forever . . . it has become a lifestyle for me . . . and when I treat myself, now and then, I just do another day of Cleanse.

I recommend Isagenix to everyone. **Even at my age of 72, I have decided to take advantage of the business opportunity** – and I have earned enough already to pay for my products and more.

Thérèse Papineau
St. Sauveur, Quebec

Weight-loss results may vary. In a recent study, participants averaged a weight loss of 7 pounds at the completion of their first Isagenix 9 Day Program. Always consult your physician before making any dietary changes or starting any nutrition, weight or exercise program.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.